



ANNUAL REPORT to the COMMUNITY 2023



OUR MISSION

is to eliminate hunger within our community,
in the spirit of neighbor helping neighbor.

2023 Board of Directors

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A MESSAGE FROM OUR 2023 BOARD PRESIDENT

Dear TCFB Supporters,

Thank you for taking the time to review the 2023 Thurston County Food Bank Annual Report to the Community. I want to express my gratitude to all TCFB supporters.

Community and partner support was outstanding throughout 2023. As we emerged from the pandemic, we saw volunteers return to the food bank, and the hours contributed steadily

increased throughout the year. We hope this momentum continues in the years ahead.

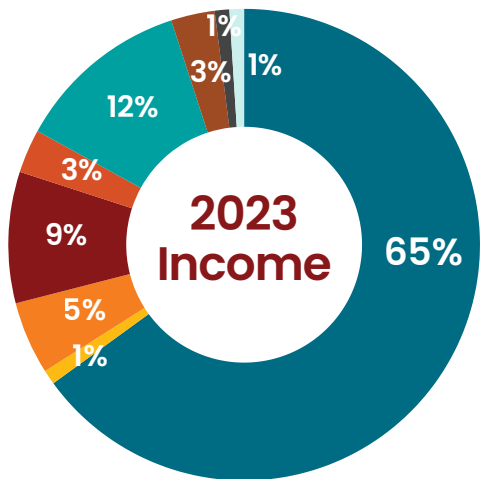
In 2023, we also saw the return of in-person events, with tremendous turnout and engagement. The Hunger Walk, our July Fundraising Breakfast, and Give Local were all successful in providing support and resources that allowed TCFB to sustain vital programs that serve our community.

We also can't overlook the incredible food drives held throughout the year. The "Stamp Out Hunger" food drive made a strong comeback, thanks to the support of our local post offices. Schools and businesses enthusiastically participated in holiday food drives—bringing both energy and friendly competition. These efforts helped stock our shelves and ensured we could meet the ongoing needs of our community.

Once again, thank you for your unwavering support. Each of you has played a role in helping TCFB fulfill its mission: *Eliminating Hunger Within Our Community in the Spirit of Neighbor Helping Neighbor.*

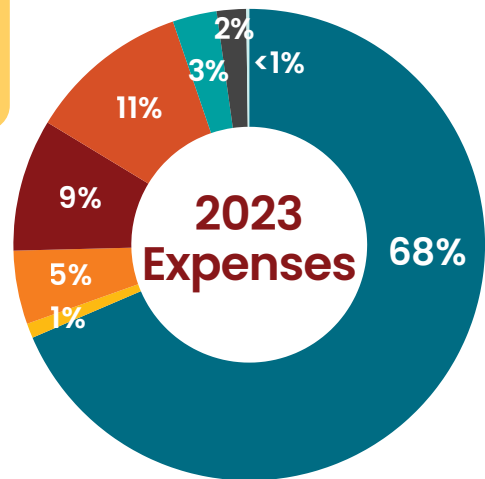
Respectfully,
Bruce Wollstein, TCFB Board President

\$17,550,821



INCOME & EXPENSES*

\$16,552,162



- Donated & Government Food
- Donated Non-food & Services
- Volunteer Hours
- Private Donations & Fundraisers
- Grants
- Government Contracts
- Businesses & Organizations
- Miscellaneous & Investments
- Govt. Employee Campaigns

- Donated & Govt. Food Distributed
- Donated Non-food Items Distributed
- Value of Volunteer Hours
- Operations
- Program Staff Salaries & Benefits
- Admin. Staff Salaries & Benefits
- Purchased Food & Non-food Products
- Fundraising & Miscellaneous

*Income & expenses are 2023 unaudited totals

2023 BY THE NUMBERS



78,000
individuals served



40%
were children under 18*



20%
were seniors 60 or older*



>9 million
pounds of food distributed



>2 million
pounds of food rescued



1,750
school children served per week by FORKids Program



3,702
meals served by Summer Lunch Program at 6 sites



56,224
pounds of non-food distributed



2,331
volunteers dedicated
50,208 hours

* % served through our Pantries and Satellites

OUR REACH

>78,000

total individuals received food through the network of partner agencies, including TCFB programs

>49,000

individuals received food through our Pantries, Satellites, Mobiles, and Home Delivery programs



we operated



2 food pantries

18 satellites

15 mobiles



serving 4 counties

and partnered with 54 regional & community partners

encompassing 4,485 square miles



IMPACT WHY WE DO THIS WORK:

“ This program has helped me and my family very much. It has helped us pay off our dues and help us buy gas. And help us save a little bit of money for us to try to move out of our two bedroom with five kids. So my family has appreciation for what the FORKids Program has done. Thank you.

— Family of elementary student who receives **FORKids Bags**

“ It's been amazing! As a single working mama, Saturday hours are a blessing. I put the 3rd Weds on my calendar, but never get off work in time. Plus we get to try veggies we've never tried before! My kiddo discovered she loves leeks. We Google recipes and found that carrot tops are amazing and the red mustard greens we got couple weeks were delicious stir-fried!

[Linda's recipe made with ingredients from TCFB:] Sunflower microgreens with garlic vinaigrette, caramelized leeks, and latke like patties made from shredded cabbage, egg, little chickpeas, and leftover burger patty with chili paste on top. Oh the goat cheese was great too! First time trying that as well.

I wanted to let you know how much your hard work AND smiles mean to us. Not only do you bless us with what we call "freshies" but you do so while exuding such kindness and joy. Im so grateful for you guys. We also loved the onion seeds and planted them. We are working on regrouping our kitchen scraps from the farm stand as well.

— Linda, **Lacey Farm Stand** customer

OPPORTUNITIES to ENGAGE

Join our amazing volunteer team! We have many shifts and opportunities.

We gladly accept food & non-food donations at our 3 main locations. Run a drive for TCFB!

Support our mission with a donation of cash, by check, or credit card!



Thank You for your support!